

 www.facebook.com/gravityworxgym

 [#gravityworxgym](https://www.instagram.com/gravityworxgym)

182-184 SUSSEX STREET COBURG

03 9350 1789



AUTO BELAY SAFETY COMPETENCY

I Frida Foerster and/or my child/minor

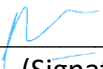
acknowledge that I/we have undertaken the Gravity Worx Safety Induction and am able to use the gym facilities unassisted, including the autobelay only (NOT the top ropes), as well as having a thorough understanding of the following;

- * Gravity Worx Centre Rules
- * Proper use of harness
- * Proper use of karabiners (including that I must have two karabiners clipped into my harness before leaving the ground, clipping direction must be opposing)
- * Proper communication
- * Proper use of auto belay systems and safety "CLIMBER ABOVE" drop down Mat
- * Buddy check of climbing partner prior to leaving ground on every climb
- * Identification of potential hazards and how to safely move within the gym.



(Signature)

Date 21/12/2025



Trained by (Signature)

Andrew Tran
(Printed)