

Disclaimer

Date 05/03/2026

Full name Helen Saag

Date of birth (dd/mm/year): 19/01/1983

NIF: 258174757

Email: helen.saag@gmail.com

Phone number: +351915063403

Gender Female

With my signature, I confirm that I agree with:

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- Not to be the bearer of any contraindications for the practice of physical activities, in accordance with paragraph 2 of article 40, of the [Basic Law on Physical Activity and Sport](#), approved by Decree-Law No. 5/2007, of 16 January.

User Signature



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